

Règlement Natation Course Occitanie

| GRILLES DE QUALIFICATION PAR ANNEE D'AGE DAMES – TOUS BASSINS | | | | | |
|-------------------------------------------------------------------|--------------|--------------|--------------|--------------|-----------------------|
| Age | 14 ans | 15 ans | 16 ans | 17 ans | 18 ans et + |
| Année d'âge | nées en 2005 | nées en 2004 | nées en 2003 | nées en 2002 | nées en 2001 et moins |
| 50 NL | 0:34.34 | 0:33.78 | 0:33.51 | 0:33.06 | 0:32.76 |
| 100 NL | 1:14.91 | 1:13.68 | 1:13.11 | 1:12.13 | 1:11.46 |
| 200 NL | 2:43.16 | 2:40.47 | 2:39.22 | 2:37.09 | 2:35.63 |
| 400 NL | 5:41.68 | 5:36.05 | 5:33.43 | 5:28.97 | 5:25.92 |
| 800 NL | 11:44.16 | 11:32.56 | 11:27.16 | 11:17.97 | 11:11.68 |
| 1500 NL | 22:36.25 | 22:13.90 | 22:03.50 | 21:45.80 | 21:33.68 |
| 50 Dos | 0:39.50 | 0:38.85 | 0:38.55 | 0:38.03 | 0:37.68 |
| 100 Dos | 1:24.96 | 1:23.56 | 1:22.91 | 1:21.80 | 1:21.04 |
| 200 Dos | 3:02.00 | 2:59.00 | 2:57.61 | 2:55.23 | 2:53.60 |
| 50 Bra. | 0:43.71 | 0:42.99 | 0:42.66 | 0:42.08 | 0:41.69 |
| 100 Bra. | 1:35.30 | 1:33.73 | 1:33.00 | 1:31.76 | 1:30.91 |
| 200 Bra. | 3:24.71 | 3:21.34 | 3:19.77 | 3:17.10 | 3:15.27 |
| 50 Pap. | 0:36.56 | 0:35.96 | 0:35.68 | 0:35.20 | 0:34.87 |
| 100 Pap. | 1:21.97 | 1:20.62 | 1:19.99 | 1:18.92 | 1:18.19 |
| 200 Pap. | 3:07.23 | 2:57.26 | 2:55.87 | 2:53.52 | 2:51.91 |
| 200 4 N. | 3:05.91 | 3:02.84 | 3:01.42 | 2:58.99 | 2:57.33 |
| 400 4 N. | 6:32.31 | 6:25.85 | 6:22.84 | 6:17.72 | 6:14.21 |
| GRILLES DE QUALIFICATION PAR ANNEE D'AGE MESSIEURS - TOUS BASSINS | | | | | |
| Age | 15 ans | 16 ans | 17 ans | 18 ans | 19 ans |
| Année d'âge | nés en 2004 | nés en 2003 | nés en 2002 | nés en 2001 | Nés en 2000 et moins |
| 50 NL | 0:29.64 | 0:29.41 | 0:29.02 | 0:28.75 | 0:28.63 |
| 100 NL | 1:05.47 | 1:04.95 | 1:04.09 | 1:03.49 | 1:03.24 |
| 200 NL | 2:24.76 | 2:23.63 | 2:21.71 | 2:20.39 | 2:19.83 |
| 400 NL | 5:07.75 | 5:05.35 | 5:01.27 | 4:58.47 | 4:57.27 |
| 800 NL | 10:41.10 | 10:36.09 | 10:27.59 | 10:21.76 | 10:19.26 |
| 1500 NL | 20:20.12 | 20:10.60 | 19:54.42 | 19:43.33 | 19:38.57 |
| 50 Dos | 0:34.30 | 0:34.03 | 0:33.57 | 0:33.26 | 0:33.13 |
| 100 Dos | 1:14.12 | 1:13.54 | 1:12.56 | 1:11.88 | 1:11.60 |
| 200 Dos | 2:41.69 | 2:40.43 | 2:38.29 | 2:36.82 | 2:36.19 |
| 50 Bra. | 0:37.67 | 0:37.38 | 0:36.88 | 0:36.53 | 0:36.39 |
| 100 Bra. | 1:22.58 | 1:21.93 | 1:20.84 | 1:20.09 | 1:19.76 |
| 200 Bra. | 2:59.55 | 2:58.15 | 2:55.76 | 2:54.13 | 2:53.43 |
| 50 Pap. | 0:32.13 | 0:31.88 | 0:31.45 | 0:31.16 | 0:31.04 |
| 100 Pap. | 1:11.67 | 1:11.11 | 1:10.16 | 1:09.51 | 1:09.23 |
| 200 Pap. | 2:49.16 | 2:37.92 | 2:35.81 | 2:34.36 | 2:33.74 |
| 200 4 N. | 2:43.60 | 2:42.33 | 2:40.16 | 2:38.67 | 2:38.03 |
| 400 4 N. | 5:49.03 | 5:46.31 | 5:41.68 | 5:38.51 | 5:37.15 |